



High Performance SYMPOSIUM

Saskatchewan Horse Federation



June 23-25, 2023
Saskatoon SK,

Clinicians:

Belinda Trussell
Dressage

Matt Hudson
Reining



Saskatchewan
Horse Federation

Letter from the Chair,

On behalf of the Saskatchewan Horse Federation, I would like to welcome all of our High Performance athletes, Talent ID athletes, coaches, officials, clinicians and auditors to our third High Performance Symposium.

The High Performance Symposium was created by the Saskatchewan Horse Federation to support athletes training and competing in the Excellence and High Performance categories. This is completed through the delivery of sport programs that support riders in the Long Term Equestrian Development (LTED) stages of Learning, Training, and Living To Win categories. The High Performance Symposium also provides opportunities for our High Performance coaches and High Performance Officials while supporting the Prairie Cup structure and Talent ID portion of Team Training.

2023 has provided us with the opportunity to have Board of Director representatives from each of the disciplines (Reining, Dressage & Hunter/Jumper) represented within our High Performance Committee whom have worked to ensure that we were able to provide a quality Symposium to our athletes, coaches and officials but also, to our membership that will partake in lesson auditing and athlete/horse info sessions.

In closing, I would like to thank everyone who had a hand in making this years Symposium possible. We wish you all the best at this event and your upcoming endeavours.

Terry Klassen

SHF High-Performance Committee Chair



SASK SPORT



SASK LOTTERIES

2023 Committee Members

Terry Klassen

Shirley Brodsky

Victoria Kendall – Hunter/Jumper

Shirley Mawson – Hunter/Jumper

Tina Solmes – Dressage

Erin Schutz – Dressage

Tanya Turner – Reining

Laurel Golemba – SHF Staff

SHF High Performance Symposium

Dressage Clinic Schedule

Clinician: Belinda Trussell
Prairie Star Stables

Friday - June 23

8:45 AM Tina Loyns

9:30 AM Colleen Beres

Break

10:30 AM Danita Stang

11:15 AM Bernice Parker

Lunch
WCVN Lecture
Equine Health Topic

1:15 PM Sherry Francis

2:00 PM Laura Callaghan

Break

3:00 PM Kayla Phillips

3:45 PM Trinitie Beres

Saturday - June 24

8:45 AM Laura Callaghan

9:30 AM Colleen Beres

Break

10:30 AM Danita Stang

11:15 AM Trinitie Beres

Lunch
Sport Medicine & Science Lecture
Injury Prevention & Management

1:15 PM Bernice Parker

2:00 PM Sherry Francis

Break

3:00 PM Tina Loyns

3:45 PM Kyla Phillips

Sunday - June 25

8:45 AM Colleen Beres

9:30 AM Danita Stang

Break

10:30 AM Trinitie Beres

11:15 AM Bernice Parker

Lunch

1:15 PM Sherry Francis

2:00 PM Laura Callaghan

Break

3:00 PM Kayla Phillips

3:45 PM Tina Loyns

SHF High Performance Symposium

Reining Clinic Schedule

Clinician: Matt Hudson
Prairieland Park, Saskatoon SK

Thursday - June 22

12:00 AM Move in

4:00 - 11:00 Arena Open

Friday - June 23

7:30 AM Warm-up

8:00 - 10:00 Group 1

10:00 - 12:00 Group 2

Lunch
Sport Medicine & Science Lecture
Injury Prevention & Management

1:00 - 3:00 Group 3

3:00 - 5:00 Group 4

Saturday - June 24

7:30 AM Warm-up

8:00 - 10:00 Group 1

10:00 - 12:00 Group 2

Lunch
WCVN Lecture
Equine Health Topic

1:00 - 3:00 Group 3

3:00 - 5:00 Group 4

Group 1
8:00-10:00

Daryl Cartier
Faith Thorson
June Werhelst

Group 2
10:00-12:00

Tanya Turner
Renee Zakaluzny
Vicki Braun

Sunday - June 25

7:30 AM Warm-up

8:00 - 10:00 Group 1

10:00 - 12:00 Group 2

Lunch

1:00 - 3:00 Group 3

3:00 - 5:00 Group 4

Group 3
1:00-3:00

Tammy Senum
Crystal Mooney
Kiera Mooney

Group 4
3:00-5:00

Tori Meggison
Alex Meggison
Mariah Leach



**Prairie Star
STABLES**



Prairie Star Stables will be the host facility for the Dressage High Performance Symposium.

Prairie Star Stables is a family-run equestrian facility located 20kms west of Saskatoon near Gandora SK. They offer full-time horse boarding services, riding lessons and equine events at their brand new facility.

prairieland
ag center



The Prairieland Ag Center will be the host facility for the Reining High Performance Symposium.

Prairieland Ag Center is a year-round multi-purpose facility that caters to equine events, livestock shows and sales, and a variety of other agricultural uses.

Thank you Prairieland for their generous sponsorship!



Meet the Clinicians: Dressage Belinda Trussell

Belinda Trussell spent her childhood in locations across the globe and dabbled in multiple disciplines before focusing on dressage at age 13. She represented her native Australia in FEI competition until 1994, when she became a Canadian citizen. In 2002, Trussell represented Canada as the youngest member of the Canadian Dressage Team at the FEI World Equestrian Games (WEG) in Jerez, ESP, with Royan II. They then competed at the 2003 European Dressage Championships in Hickstead, GBR, and won the Swarovski Canadian League World Cup Final at the 2003 Royal Agricultural Winter Fair in Toronto, ON. They also represented Canada at both the 2004 World Cup in Dusseldorf, GER, and the Athens Olympic Games.

Trussell returned to WEG in 2010 and in 2014 in Normandy, FRA, where she was Canada's highest-placed individual in dressage, finishing in the top 25 with Anton. They then representing Canada at the 2015 Toronto Pan American Games, where they helped the Canadian Dressage Team earn the silver medal and break the Canadian record for the highest team average score achieved at a major games. Trussell also broke a Canadian record in Toronto for highest individual score after receiving 75.078% in the Grand Prix Special. Trussell and Anton by broke the Canadian record for the highest score in a Grand Prix Special at the prestigious Adequan Global Dressage Festival in Wellington, FL, with 75.529% in 2016. She returned to the Games in Rio de Janeiro, BRA, aboard Anton

Tattoo 15 then took over as Trussell's top mount; he kept her winning record alive throughout the 2017 season and made his major games debut at the 2018 WEG in Mill Spring, NC. In 2019, Trussell switched her focus to Carlucci, and together the combination helped Team Canada secure the silver medal in the CDIO 3* FEI Nations Cup in Wellington, FL.



Meet the Clinicians: Reining Matt Hudson

Matt Hudson is a professional Reining trainer in Ontario. Matt was raised in rural New Brunswick barrel racing and cattle penning with his family. At the age of 13 he participated in his first reining clinic with Sophie Laverdiere. He stayed with her and trained horses for 4 years.

He then left to work for Luke Gagnon, NRHA professional. After this, he left to work in Italy and took over Marco Rocitta's training position.

He moved back to Canada in 2010 to work for non pro Reiner Andre De Bellefeuille at Excalibur Farm. He then bought a farm and was training horses. Al Rose then asked him to work together and he jumped on the chance. They then started up HR Prospects. They now run Hudson Performance Horses.

Meet the Athletes:

Dressage

High Performance Riders

Kayla Phillips - Make it Grande (Starbucks)

Laura Callaghan - I'll Be Shazam (Llama)

Trinitie Beres - Quelando

Bernice Parker - Pluto

Colleen Beres - Boke Van Keen (Boke)

Danita Stang - Fayton

Sherry Francis - AS Baldomero (Ero)

Tina Solmes - Zothens Colani

Reining

High Performance Riders

Vicki Braun - MS Q (Raffle)

Renee Zakaluzny - Trash Talkin Big Star

Tanya Turner - Boon Shine Magic

Tori Meggison - Shooter Girl

Daryl Cartier - Conchicador Whiz (Houdini)

Talent ID Riders

June Verhelst - A Chic Like Emma

Mariah Leach - Tricked Out Pistol (Lucy)

Alex Meggison - High Five Listo (Hi-5)

Faith Thorson - Redstars Light (LD)

Crystal Mooney - Gotta Pretty Gun (Kali)

Kiera Mooney - HSV Dunit By Memphis (Memphis)

Tammy Senum - Shined up on Guns (Izzy)

Lectures:



S P O R T
M E D I C I N E
SCIENCE COUNCIL
of Saskatchewan Inc.

Kelsi Hilderman
Sport Physiotherapist
Sport Medicine & Science Council
of Saskatchewan

Fri. June 23 Prairieland Park
12:00-1:00 Injury Prevention & Management

Sat. June 24 Prairie Star Stables
12:00-1:00 Injury Prevention & Management



UNIVERSITY OF
SASKATCHEWAN

Western College of
Veterinary Medicine

Dr. Karen Pimentel
Veterinarian, Equine Field Service
WCVM Veterinary Medical Center

Topic: Vaccine requirements and timelines for
vaccinating in relation to competition participation

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12:00-1:00

Sat. June 24 Prairieland Park
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